November 2023 Welcome to Bulldog Café

	Jei 2023	***************************************	e to Dutt	uog care
Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast- egg/cheese/bun Softshell Taco Lettuce/cheese Tropical fruit	Breakfast-Pizza Popcorn Chicken Green Beans Mandarin oranges Bun	3 Breakfast-I john Hamburger/bun Baked Beans Strawberry cup
6	7	8	9	10
Breakfast-Cereal Chicken patty/bun Baked beans Apple	Spaghetti/meat Sauce Lettuce Peach slices Moz bread stick	Breakfast-pizza Tangerine Chicken Rice/Peas Mandarin oranges Egg Roll	Breakfast-muffin Cheese Omelet Mini French Toast Smile Potatoes Fruit Juice	Breakfast-ft stick Pizza Crunchers Green beans Grapes
Breakfast-cereal Chili Crackers/cheese Veggies/apple Soft Pretzel	14 Breakfast-cinn roll Pulled pork/bun Green beans Pineapple	15 Breakfast-muffin Chicken nuggets Baked beans Pear Slices bun	Thanksgiving 16 Breakfast-cereal Turkey slice Mashed Potato Tropical fruit Dinner bun cheesecake	Breakfast-donut Pizza Corn Oranges
20 Breakfast-Cereal Corndog Green beans Tropical fruit	21 Breakfast-muffin Chicken Strips Mashed potatoes Apple Dinner bun	NO SCHOOL 22	Happy Thanksgiving	
27	28	29	30	
Breakfast-cereal Bar-bque/bun Baked Beans Pear slices	Breakfast-muffin Chicken noodle Soup Crackers/cheese	Breakfast-cinn roll Mini Tacos Lettuce/Cheese Peach slices	Breakfast- ft stick Sub sandwich Tator tots Mandarin oranges	Choice of 1% white or chocolate milk at both breakfast and lunch.

Birthday cake

Fruit/veggie bars

at grade and high

Veggies/apple

Roll





