

# February 2023 Welcome to Bulldog Café!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Milk served daily</b>  <b>1% white and chocolate with both breakfast and lunch</b></p>		<p>1  <b>Breakfast-moz stick</b>                      Popcorn Chicken                      Baked Beans                      Apple                      Dinner Bun</p>	<p>2  <b>Breakfast-donut</b>                      Hamburger                      Noodle Hotdish                      Broccoli                      Pear slices                      slices/bread</p>	<p>3  <b>Breakfast-cin roll</b>                      Pizza                      Corn                      Mixed fruit</p>
<p>6  <b>Breakfast-Cereal</b>                      Shredded Roast                      Beef/bun                      Tator tots                      Mandarin oranges                      Cookie</p>	<p>7  <b>Breakfast-mini ft</b>                      Mini Taco                      Lettuce/cheese                      Apple                      Birthday cake</p>	<p>8  <b>Breakfast-egg/cheese/bun</b>                      Mini corndogs                      Mac n cheese                      Veggies                      Grapes</p>	<p>9  <b>Breakfast-pizza</b>                      Cheese Omelet                      French toast sticks                      Smile potatoes                      Fruit Juice</p>	<p>10  <b>Breakfast- muffin</b>                      Chicken patty/bun                      Baked beans                      Pineapple</p>
<p>13  <b>Breakfast-Cereal</b>                      Bar-bque/bun                      Baked Beans                      Tropical Fruit</p>	<p>14  <b>Breakfast-l john</b>                      Chicken noodle Soup                      Crackers/cheese                      Veggies/Roll</p>	<p>15  <b>Breakfast-cin roll</b>                      Hamburger/bun                      Green beans                      Grapes</p>	<p>16  <b>Breakfast-muffin</b>                      Chicken Nuggets                      Mashed Potatoes                      Mandarin oranges                      Bun</p>	<p>17  <b>No School</b></p>
<p>20  <b>No School</b></p>	<p>21  <b>Breakfast-Cereal</b>                      Chicken strips                      Mashed Potatoes                      Apple                      Dinner bun</p>	<p>22  <b>Breakfast-muffin</b>                      Pizza Crunchers                      Marinara Sauce                      Green Beans                      Pineapple</p>	<p>23  <b>Breakfast- L John</b>                      Lasagna                      Lettuce                      Peach slices                      French Bread</p>	<p>24  <b>No School</b></p>
<p>27  <b>Breakfast-cereal</b>                      Chicken Tacos                      Lettuce/cheese                      Grapes                      Cookie</p>	<p>28  <b>Breakfast-donut</b>                      Chili                      Crackers/cheese                      Veggies/Pear Slices                      Soft Pretzel</p>			



## MY HEALTHY CHECKLIST

